

OAD'S Spine-Back & Neck Specialists are fellowship-trained from prestigious medical facilities such as the Midwest Regional Spine Trauma Center in Chicago, Mayo Clinic and Rush University Medical Center.

Specializing in all disorders and injuries of the lumbar spine (mid/lower back) and cervical spine (neck/upper back), OAD's orthopaedic spine surgeons' extensive training and experience ensure patients receive the most advanced treatment for neck and back problems.

Among the conditions for which conservative treatment and surgical options are available:

- Sciatica
- Cervical and Lumbar Degenerative Disc Disease
- Stenosis/Arthritis
- Herniated Discs
- Spine/Nerve Compression

Surgical Expertise:

- Microsurgery of the Lumbar and Cervical Spine
- Complex Cervical Spine Surgery
- Minimally Invasive Techniques
- Spinal Reconstruction and Revision
- Disc Replacement
- Spinal Fusion
- Spinal Deformity Surgery

Orthopaedic Experts, Close to Home.


- On-Site X-Ray, MRI and Diagnostic Testing Services
- Multiple, On-Site Physical and Occupational/Hand Therapy Departments including Work Hardening/Conditioning and Functional Capacity Evaluations
- Convenient Locations with Orthopaedic and Musculoskeletal Specialists in Physical Medicine and Rehabilitation/Physiatry, Hand/Upper Extremity, Foot and Ankle, Sports Medicine and Joint Replacement
- State-of-the-art Outpatient Surgery Center

OAD ORTHOPAEDICS

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**Warrenville • Wheaton • Carol Stream
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OAD ORTHOPAEDICS PRESENTS



CURRENT PRACTICES AND BEST EVIDENCE IN SPINE SURGERY

**Dinner Lectures
September 2011 - July 2012**

PANEL OF SPINE-BACK AND NECK SPECIALISTS:

Mir Haroon Ali, M.D., Ph.D.

John L. Andreshak, M.D.

Stephen E. Heim, M.D.

Jerome L. Kolavo, M.D.

**REGISTRATION REQUIRED FOR EACH
COMPLIMENTARY DINNER PROGRAM:**

(630) 225-2534

OR

(630) 225-2318

OAD ORTHOPAEDICS
PRESENTS
CURRENT PRACTICES AND BEST EVIDENCE
IN SPINE SURGERY

Thur., Sept. 15, 2011, 6 - 8 PM

Location: Parkers' Restaurant and Bar in Downers Grove

Sponsored by Innotek Medical Products, Inc.

Topic: Lumbar Stenosis/Neurogenic Claudication

Keynote articles:

- Surgical versus nonsurgical therapy for lumbar spinal stenosis. *N Engl J Med.* 2008 Feb 21; 358 (8):794-810.
- Surgical versus nonoperative treatment for lumbar spinal stenosis: four-year results of the Spine Patient Outcomes Research Trial. *Spine.* 2010 Jun 15; 35 (14):1329-38.
- Trends, major medical complications, and charges associated with surgery for lumbar spinal stenosis in older adults. *JAMA.* 2010 Apr 7; 303 (13):1259-65.

Thur., Oct. 20, 2011, 6 - 8 PM

Location: Shinto Japanese Steakhouse and Sushi Bar in Naperville

Sponsored by Stryker Spine

Topic: Lumbar Spondylolisthesis

Keynote articles:

- Surgical versus nonsurgical treatment of degenerative lumbar spondylolisthesis. *N Engl J Med.* 2007 May 31; 356 (22): 2257-70.
- Surgical treatment of Spinal Stenosis with and without degenerative spondylolisthesis: cost-effectiveness after 2 years. *Ann Intern Med.* 2008 Dec 16; 149(12):845-53.

Thur., Nov. 17, 2011, 6 - 8 PM

Location: Sullivan's Steakhouse in Naperville

Sponsored by NuVasive

Topic: Adult Degenerative Scoliosis

Keynote articles:

- A systematic literature review of nonsurgical treatment in adult scoliosis. *Spine.* 2007 Sep 1; 32(19 Suppl): S130-4.
- Degenerative lumbar scoliosis associated with spinal stenosis. *Spine J.* 2007 Jul-Aug; 7 (4):428-36.

Thur., Dec. 15, 2011, 6 - 8 PM

Location: Hugo's Frog Bar and Fish House in Naperville

Sponsored by Stryker Spine

Topic: Spine Infections: Vertebral Osteomyelitis, Epidural Abscesses, & Diskitis

Keynote articles:

- Spinal epidural abscess. *N Engl J Med.* 2006 Nov 9; 355 (19):2012-20.
- Vertebral Osteomyelitis. *N Engl J Med.* 2010 Mar 18; 362 (11):1022-9.

Thur., Jan. 19, 2012, 6 - 8 PM

Location: Brio Tuscan Grille in Lombard

Sponsored by Biomet Spine

Topic: Lumbar Radiculopathy/Lumbar Disc Herniation

Keynote articles:

- Surgical vs nonoperative treatment for lumbar disk herniation: the Spine Patient Outcomes Research Trial (SPORT) observational cohort. *JAMA.* 2006 Nov 22; 296 (20):2451-9.
- Surgical versus nonoperative treatment for lumbar disc herniation: four-year results for the Spine Patient Outcomes Research Trial (SPORT). *Spine.* 2008 Dec 1; 33 (25):2789-800.

OAD ORTHOPAEDICS
PRESENTS
CURRENT PRACTICES AND BEST EVIDENCE
IN SPINE SURGERY

Thur., Feb. 16, 2012, 6 - 8 PM

Location: IVY Restaurant in Wheaton

Sponsored by Innotek Medical Products, Inc.

Topic: Adolescent Idiopathic Scoliosis

Keynote articles:

- A history of bracing for idiopathic scoliosis in North America. *Clin Orthop Relat Res.* 2010 Mar; 468 (3): 654-64.
- Adolescent idiopathic scoliosis and genetic testing. *Curr Opin Pediatr.* 2010 Feb; 22(1): 67-70.

Thur., March 22, 2012, 6 - 8 PM

Location: McCormick & Schmick's Seafood Restaurant in Oak Brook

Sponsored by Medtronic Spinal and Biologics

Topic: Vertebral Compression Fractures

Keynote articles:

- A Randomized Trial of Vertebroplasty for Osteoporotic Spinal Fractures. *N Engl J Med.* 2009 Aug 6; 361 (6): 569-79.
- Efficacy and safety of balloon kyphoplasty compared with nonsurgical care for vertebral compression fracture (FREE): a randomised controlled trial. *Lancet.* 2009 Mar 21; 373 (9668): 1016-24.

Thur., April 19, 2012, 6 - 8 PM

Location: The White Chocolate Grill in Naperville

Sponsored by Alphatec Spine

Topic: Low Back Pain

Keynote articles:

- Persistent Low Back Pain. *N Engl J Med.* 2005 May 5; 352 (18): 1891-8.
- Rapid magnetic resonance imaging vs radiographs for patients with low back pain: a randomized controlled trial. *JAMA.* 2003 Jun 4; 289(21): 2810-8.
- Overtreating chronic back pain: time to back off? *J Am Board Fam Med.* 2009 Jan-Feb; 22 (1): 62-8.

Thur., May 17, 2012, 6 - 8 PM

Location: Weber Grill in Lombard

Sponsored by NuVasive

Topic: Cervical Radiculopathy/ Myelopathy

Keynote articles:

- Cervical Radiculopathy. *N Engl J Med* 2005. Jul 28; 353 (4): 392-9.
- Cervical spondylotic myelopathy: a review of the evidence. *Orthop Clin North Am.* 2010 Apr; 41 (2): 193-202.

Thur., June 21, 2012, 6 - 8 PM

Location: TBD

Sponsor TBD

Topic: Spine Trauma-The Basics

Keynote articles:

- The Canadian C-spine rule versus the NEXUS low-risk criteria in patients with trauma. *N Engl J Med.* 2003 Dec 25; 349 (26): 2510-8.
- Practice management guidelines for the screening of thoracolumbar spine fracture. *J Trauma.* 2007 Sep; 63 (3): 709-18.

Thur., July 19, 2012, 6 - 8 PM

Location: Rosebud Restaurant in Naperville

Sponsored by Medtronic Spinal and Biologics

Topic: Metastatic Disease of the Spine

Keynote articles:

- Direct decompressive surgical resection in the treatment of spinal cord compression caused by metastatic cancer: a randomised trial. *Lancet.* 2005 Aug 20-26; 366 (9486): 643-8.
- Minimally invasive management of spinal metastases. *Orthop Clin of N Am.* 2009 Jan; 40 (1): 155-68.